



# Olive Branch

## ABC Behaviour Log

ABC charts are a handy way to spot what's really going on when a child is struggling. They help you keep track of what happened before, during, and after a behaviour, so we can work together to understand the child's needs and plan what might help next time.

We've created a printable template you can use at home. To make it easier, we've also added examples showing what a helpful ABC log looks so you can see how to get the most out of it.



# ABC Behaviour Log

Use this chart to record what happened before, during, and after a behaviour. This helps us spot patterns and plan supportive strategies together.



Date/Time	Antecedent (What happened just before?)	Behaviour (What did the child do?)	Consequence (What happened after?)	Next Step (What we'll try next time)



# Notes



Any other notes? (wider context such as noise levels, people present, disruptions, medication, etc.)

